

INNOVATIVE INTERVENTIONS, LLC

Methodist Medical Plaza East
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Indianapolis, IN 46229
(317) 890-5722 Fax (317) 890-5725

Therapist-Patient Services Agreement

Updated March 3, 2026

Welcome to our practice. This document contains important information about our professional services and business policies. We will also provide you with our Health Insurance Portability and Accountability Act (HIPAA): Notice of Private Practices. Federal law requires that we provide information regarding privacy protections and client rights specific to the use and disclosure of your Protected Health Information (PHI) used for the purpose of treatment, payment, and health care operations. Please read this Therapist- Patient Services Agreement as well as the ‘HIPAA: Notice of Privacy Practices’ provided. We will request that you sign this Agreement as well as the ‘HIPAA: Notice of Privacy Practices’ acknowledging that we have provided you with this information. We can discuss any questions that you have during your first appointment or by contacting our administrative office at 317-890-5722. Your signature on this Therapist-Patient Services Agreement will constitute a binding agreement between Innovative Interventions, L.L.C., and you as well as your consent to begin counseling services (treatment) with you or your minor-aged child.

COUNSELING SERVICES

The therapists at Innovative Interventions all have Master level degrees and Indiana Licenses to practice counseling services. These Master level degrees include the field of Social Work, Mental Health Counselor, and Marriage and Family Therapy. The counseling services (treatment) rendered by the therapists through Innovative Interventions are supervised by a Licensed Clinical Supervisor. The Licensed Clinical Supervisors who are contracted with Innovative Interventions to provide supervision are Dr. Juan M. Hernandez, PsyD, HSPP, Ms. Shelise M. Decal, MA, LMFT and Mrs. Monica Fleetwood Black, MSW, LCSW. Our Licensed Clinical Supervisors and our Master’s level therapists are not physicians; thus, we cannot prescribe medications or perform medical procedures. If a medication evaluation seems indicated, then we will consult with your primary care physician upon your request and written (signed) authorization.

MEETINGS

The therapist will conduct an “Intake Assessment” in the first session. Input from the patient/family regarding the Goals and Interventions outlined in the “Master Treatment Plan” will be sought during the first session. On the basis of this assessment, along with supervision provided by Licensed Clinical Supervisor, a “Master Treatment Plan” will be developed. This is a collaborative process—the patient/family, therapist, and Licensed Clinical Supervisor working together to make certain that the “Plan” for treatment is evidence-based and meets the individualized needs of the patient. Following the Intake Assessment, subsequent counseling appointments will be made. The Master Treatment Plan will be shared with the patient/family and modified as needed. We will decide, together, how often it would be best to meet for counseling. At least 24 hours prior notification to cancel an appointment is required. Giving 24 hours notice to cancel will not be held against the patient’s record. Any appointment cancelled with less than 24 hours notice will be considered a no-show appointment. Not being present for a scheduled appointment is also considered a no-show. Three no-show appointments in one year will result in all future appointments being cancelled. Exceptions will only be considered with a note from a doctor, attorney, or school stating a reason for the missed appointment.

CONTACTING THE THERAPIST OR OTHER STAFF AT INNOVATIVE INTERVENTIONS

Due to work schedules, we are often not immediately available by telephone. You can contact the office between 9:00am and 5:00pm Monday through Friday or leave a message on the cell phone of your therapist. Remember that, in general, telephone calls are not meant to take the place of a counseling session.

EMERGENCIES

In the event of a life-threatening emergency, please call one the following emergency/crisis numbers before calling your therapist:

Emergency Services	911	St. Vincent Crisis 317-338-4800
Community Hospital Crisis	317-621-5700	Valle Vista Crisis 317-883-5289

PROFESSIONAL SERVICES

All records will be kept pursuant HIPAA. Except in unusual circumstances that involve potential danger to yourself or others, you may examine and/or receive a copy of your Clinical Record if you request it in writing. Because these are professional records, they can be misinterpreted and/or upsetting to untrained readers. If you wish to see your records, it is recommended that you review them with the therapist so that the contents can be discussed.

Likewise, except in unusual circumstances that involve potential danger to yourself or others, you may examine and/or receive a copy of your Clinical Record containing your information. Similarly, if you wish to see the Psychotherapy Notes (stored separate from your Clinical Record), it is recommended that you review them with the therapist so that the contents can be discussed.

Upon request and written (signed) Authorization, you may have a copy of your Clinical Record and/or Psychotherapy Notes forwarded to another mental health professional so you can discuss the contents. The exceptions to this policy are contained in the attached HIPAA: Notice of Privacy Practices.

PROFESSIONAL FEES, BILLING, AND PAYMENT

Our hourly fee for counseling services is \$175.00.

Innovative Interventions, LLC cannot provide services to patients who have both Medicaid and private insurance due to complexity in billing for services when dual insurance is involved. This is especially true when Innovative Interventions, LLC does not have a contract with a private insurance company to be billed.

If you become involved in legal proceedings that require the participation of anyone through Innovative Interventions, LLC (e.g., giving testimony or depositions), you will be expected to pay for any/all time devoted to such services, including preparation and transportation costs, even if someone through Innovative Interventions, LLC, is called to testify by another party. Because of the complexity of legal involvement, the charge for preparation, transportation, and attendance at any legal proceedings is \$200.00 per hour. A retainer fee is charged based on the estimated time involved. This is a minimum charge of \$400.00, which is to be paid in advance of any work. **THESE LEGAL FEES ARE NOT COVERED BY MEDICAID.** The PATIENT is responsible for these fees.

SUPERVISION PROVIDED TO THE THERAPIST BY LICENSED CLINICAL SUPERVISOR

As noted above, all therapists providing counseling services (treatment) through Innovative Interventions, LLC, are supervised by a Licensed Clinical Supervisor. Licensed Clinical Supervisor have the right to securely maintain, pursuant to HIPAA, photocopies of all Clinical Records, Psychotherapy Notes, and Billing Records for services rendered under their supervision. Your signature on this Therapist-Patient Services Agreement constitutes your signed Authorization for your therapist (and Innovative Interventions, LLC) to release ALL TREATMENT information to our Licensed Clinical Supervisors in an effort to provide comprehensive supervision to the therapist, obtaining photocopies of the documentation/records when necessary.

CONFIDENTIALITY

The law protects the privacy of all communication between a patient and a therapist. In most situations, we can only release information about your treatment to others if you sign a written Authorization form that meets certain legal requirements imposed by HIPAA. There are other situations that require only that you provide written, advance consent. Your signature on this Therapist-Patient Services Agreement provides consent for those activities, as follows:

- I may occasionally find it helpful to consult other health and mental health professionals about a case. During a consultation, I will avoid revealing the identity of the patient. The other professionals are also legally bound to keep the information confidential. If you don't object, I will not tell you about these consultations unless I feel that it is important to our work together. I will note all consultations in your Clinical Record (which is called Protected Health Information [PHI] in the attached Notice of Policies and Practices at Innovative Interventions, LLC, to Protect the Privacy of Your Health Information).
- If a patient seriously threatens to harm himself/herself, I may be obligated to seek hospitalization for him/her, or contact family members or others who can help provide protection. I may disclose confidential information only to medical or law enforcement personnel if I determine that there is a probability of imminent physical injury by the patient to himself/herself or others.

There are some situations where I am permitted or required to disclose information without either your consent or Authorization:

- If you are involved in a court proceeding and a request is made for information concerning your diagnosis and treatment, such information is protected by privilege/confidentiality laws. I cannot provide any information without your (or your legal representative's) written/signed Authorization, or a court order. If you are involved in or contemplating litigation, you should consult with your attorney to determine whether court action would be likely to order me to disclose information.
- If a government agency is requesting the information for health oversight activities, I may be required to provide it for them.
- If a patient files a complaint or lawsuit against me, I may disclose relevant information regarding that patient in order to defend myself.
- If you file a worker's compensation claim, I may be required to disclose PHI, such as diagnosis and treatment records (Psychotherapy Notes), to relevant parties or officials.

There are some situations in which I am legally obligated to take actions, which I believe are necessary to attempt to protect yourself and/or others from harm, and I may have to reveal some information about a patient's treatment.

- If I have cause to believe that a child under 18 has been or may be abused or neglected (including physical injury, substantial threat of harm, or any kind of sexual contact or conduct), or that a child is a victim of a sexual offense, or that an elderly or disabled person is in a state of abuse, neglect or exploitation, I must report that belief, as required by law, to the appropriate authorities. Once such a report is filed, I may be required to provide additional information.
- If I determine that there is a probability that the patient will inflict imminent physical injury to another, or that the patient will inflict imminent physical harm upon himself/herself, I will be required to take protective action by disclosing information to medical or law enforcement personnel or by securing hospitalization of the patient.

If such a situation arises, I will make every effort to fully discuss it with you before taking action and I will limit my disclosure to what is necessary. While this written summary of exceptions to confidentiality should prove helpful in informing you about potential problems, it is important that we discuss any questions or concerns that you have now or in the future. The laws governing confidentiality can be quite complex, and I am not an attorney. In situations where specific advice is required, formal legal advice may be needed.

PATIENT'S RIGHTS

HIPAA provides you with several new or expanded rights with regard to your Clinical Record and disclosures of protected health information (PHI). These rights include requesting that I amend your record; requesting restrictions on what information from your Clinical Record is disclosed to others; requesting an accounting of disclosures of PHI; determining the location that protected information disclosures are sent; having any complaints you make about my policies and procedures recorded in your records; and the right to have a paper copy of this Agreement, the attached Notice of Privacy Practices form, and the privacy policies and procedures at Innovative Interventions, LLC. I am happy to discuss any of these rights with you.

MINORS AND PARENTS

Patients under 18 years of age who are not emancipated and their parents should be aware that the law allows parents to examine their minor-aged child's treatment records, unless I believe this review would be harmful to the patient and his/her treatment. Because privacy in psychotherapy is often crucial to successful progress, particularly with teenagers, it is my policy to request an agreement from parents that they give consent to give up their access to their child's record. If they agree, I will provide them only with general information about the progress of the child's treatment, unless I feel that the child is in danger or is a danger to someone else, in which case, I will notify the parents of my concern. Before giving parents any information, I will make every effort to discuss the matter with the child, if possible, and do my best to handle any objections he/she may have with what I am prepared to discuss.

ADDITIONAL INFORMATION

You have the right to choose not to receive therapy from me, at any time. If you choose this, I will provide you with names of other qualified professionals whose service you might prefer. You also have the right to ask any questions about the procedures used in therapy/treatment. I encourage you to ask questions about my therapy/treatment methods as they arise. I encourage you to ask me any questions you may have about the structure of our therapist-patient relationship or the nature of treatment, at any time. Please feel free to discuss with me any problem that may arise regarding any of these policies. I look forward to a successful and beneficial therapist-patient relationship.

AGREEMENT AND CONSENT FOR TREATMENT
 [PLEASE PRINT]

Patient Name	Date of Birth	Age
Address	City/State	Zip Code

_____ Primary: Home/Cell Phone	Permission to leave message at this number (with person answering the phone, answering machine, and/or voice mail) and/or to send text messages:	Yes	No
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_____ Secondary: Phone Number	Permission to leave a message at this number (with person answering the phone, answering machine, and/or voice mail) and/or to send text messages:	Yes	No
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*** Please know that text messages are not always secure or confidential. It is for this reason that text messages will be brief and limited to arranging, modifying, or confirming appointments. ***

IF PATIENT IS MINOR-AGED CHILD:

_____ Parent/Legal Guardian/ Representative [PLEASE PRINT]	_____ Relationship to Child
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_____ Parent/Legal Guardian/ Representative [PLEASE PRINT]	_____ Relationship to Child
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_____ Address	_____ City/State	_____ Zip Code
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_____ Primary: Home/Cell Phone	Permission to leave message at this number (with person answering the phone, answering machine, and/or voice mail) and/or to send text messages:	Yes	No
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 If applicable, Non-Custodial Parent
 [PLEASE PRINT]

_____ Address	_____ City/State	_____ Zip Code
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_____ Primary: Home/Cell Phone	Permission to leave message at this number (with person answering the phone, answering machine, and/or voice mail) and/or to send text messages:	Yes	No
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_____ Secondary: Phone Number	Permission to leave a message at this number (with person answering the phone, answering machine, and/or voice mail) and/or to send text messages:	Yes	No
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